

BLACKENED CHICKEN WITH TROPICAL SALSA

Ingredients

8 large skinless chicken pieces
4 tablespoons vegetable oil

Blackening Spices

2 teaspoons salt
2 teaspoons oregano
2 teaspoons dried thyme
1 teaspoon black pepper
1 teaspoon smoked paprika
1 teaspoon garlic powder
1 teaspoon paprika
1 teaspoon cayenne pepper optional

Salsa

1 mango, diced small (about 1 cup)
1 cup small-diced fresh pineapple
1/4 cup small diced red onion
1/2 cup minced fresh cilantro leaves
1/4 cup fresh lime juice
1-2 Avocados diced
Salt and pepper to taste

Recipe by Chef Agnes Imani
Gourmet Everyday Catering