

# Pesach Grand Shopping List

## Pesach 2015 / 5775



Number of people for Seders: \_\_\_\_\_ Overnight Guests: \_\_\_\_\_

Average amount of people per meal: \_\_\_\_\_

| Item:                 | Store:  | Quantity:                   | Notes For Next Year:              |
|-----------------------|---------|-----------------------------|-----------------------------------|
| Example: Eggs         | Walmart | 6 Dozen                     | Not enough. Buy 8 dozen next year |
|                       |         | <b>FRUITS / VEGETABLES:</b> |                                   |
| Apples                |         |                             |                                   |
| Avocados              |         |                             |                                   |
| Bananas               |         |                             |                                   |
| Beets                 |         |                             |                                   |
| Butternut Squash      |         |                             |                                   |
| Cabbage **            |         |                             |                                   |
| Cantaloupe            |         |                             |                                   |
| Carrots               |         |                             |                                   |
| Clementines           |         |                             |                                   |
| Cucumbers             |         |                             |                                   |
| Eggplant              |         |                             |                                   |
| Garlic – fresh **     |         |                             |                                   |
| Ginger – fresh        |         |                             |                                   |
| Grapefruit            |         |                             |                                   |
| Honeydew              |         |                             |                                   |
| Kiwi                  |         |                             |                                   |
| Lemons (for salads)   |         |                             |                                   |
| Lemons for juicing    |         |                             |                                   |
| Mangoes               |         |                             |                                   |
| Maror/ Horseradish    |         |                             |                                   |
| Onion – red           |         |                             |                                   |
| Onions                |         |                             |                                   |
| Oranges               |         |                             |                                   |
| Oranges for juicing   |         |                             |                                   |
| Parsnip               |         |                             |                                   |
| Pears                 |         |                             |                                   |
| Peppers (green)       |         |                             |                                   |
| Peppers (red)         |         |                             |                                   |
| Peppers (yell/orange) |         |                             |                                   |
| Pineapple             |         |                             |                                   |
| Potatoes (red)        |         |                             |                                   |
| Potatoes (white)      |         |                             |                                   |

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|-----------------------|--|----------------------------------|--|
| Romaine Lettuce       |  |                                  |  |
| Strawberries **       |  |                                  |  |
| Sweet potatoes        |  |                                  |  |
| Tomatoes              |  |                                  |  |
| Turnip                |  |                                  |  |
| Zucchini (green)      |  |                                  |  |
| Zucchini (yellow)     |  |                                  |  |
|                       |  |                                  |  |
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|                       |  |                                  |  |
|                       |  |                                  |  |
|                       |  | <b>DAIRY /<br/>REFIRGERATOR:</b> |  |
| American Cheese       |  |                                  |  |
| Apple Juice           |  |                                  |  |
| Butter                |  |                                  |  |
| Cheese sticks         |  |                                  |  |
| Chrein                |  |                                  |  |
| Cottage Cheese        |  |                                  |  |
| Cream Cheese          |  |                                  |  |
| Eggs                  |  |                                  |  |
| Farmer Cheese         |  |                                  |  |
| Ice cream             |  |                                  |  |
| Lemon Juice           |  |                                  |  |
| Margarine             |  |                                  |  |
| Milk                  |  |                                  |  |
| Orange Juice          |  |                                  |  |
| Sour Cream            |  |                                  |  |
| Yogurt / Leben        |  |                                  |  |
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|                       |  |                                  |  |
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|                       |  |                                  |  |
|                       |  | <b>DRY GOODS:</b>                |  |
| Chocolate             |  |                                  |  |
| Chocolate nosh **     |  |                                  |  |
| Cocoa                 |  |                                  |  |
| Coffee                |  |                                  |  |
| Gefilte fish (jarred) |  |                                  |  |
| Honey                 |  |                                  |  |

|                                |  |                           |  |
|--------------------------------|--|---------------------------|--|
| Macaroons **                   |  |                           |  |
| Matzah                         |  |                           |  |
| Matzah Farfel **               |  |                           |  |
| Matzah Meal **                 |  |                           |  |
| Nuts: ground                   |  |                           |  |
| Nuts: whole mixed<br>bag snack |  |                           |  |
| Oil                            |  |                           |  |
| Potato Starch                  |  |                           |  |
| Salt (Kosher)                  |  |                           |  |
| Seltzer                        |  |                           |  |
| Spices: Garlic Powder          |  |                           |  |
| Spices: Onion Powder           |  |                           |  |
| Spices: Paprika                |  |                           |  |
| Spices: Pepper                 |  |                           |  |
| Sugar                          |  |                           |  |
| Tea (assorted flavors)         |  |                           |  |
| Tomato Sauce / Paste           |  |                           |  |
| Water                          |  |                           |  |
|                                |  |                           |  |
|                                |  |                           |  |
|                                |  |                           |  |
|                                |  |                           |  |
|                                |  | <b>MEAT/CHICKEN/FISH:</b> |  |
| Chicken bones (for<br>soup)    |  |                           |  |
| Chicken legs/ thighs           |  |                           |  |
| Chopped meat                   |  |                           |  |
| Gefilte Fish                   |  |                           |  |
| Gergels for Zeroah             |  |                           |  |
| Roast / Brisket                |  |                           |  |
| Salmon                         |  |                           |  |
| Schnitzel                      |  |                           |  |
| Steak                          |  |                           |  |
| Stew meat                      |  |                           |  |
| Misc. type Fish                |  |                           |  |
| White Fish                     |  |                           |  |
| Whole Chicken                  |  |                           |  |
| Flounder Fish                  |  |                           |  |
|                                |  |                           |  |
|                                |  |                           |  |

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|                                    |                 |  |                             |
|                                    |                 |  |                             |
|                                    |                 | <b>MATZAH / WINE /<br/>GRAPE JUICE</b>   |                             |
| <b>Type:</b>                       | <b>Quantity</b> | <b>Store:</b>                            | <b>Notes for Next Year:</b> |
| Shemurah Matzah:<br>Regular White  |                 |  |                             |
| Shemurah Matzah:<br>Whole Wheat    |                 |  |                             |
| Shemurah Matzah:<br>Other (spelt)  |                 |  |                             |
| Machine Matzah **                  |                 |  |                             |
| Wine for Seder                     |                 |  |                             |
| Wine for Kiddush                   |                 |  |                             |
| Grape Juice regular                |                 |  |                             |
| Grape juice low sugar              |                 |  |                             |
|                                    |                 |  |                             |
|                                    |                 |  |                             |
|                                    |                 |  |                             |
|                                    |                 | <b>PAPER GOODS /<br/>HOUSE SUPPLIES:</b> |                             |
| Aluminum Foil (heavy<br>duty)      |                 |  |                             |
| Aluminum Foil<br>(regular)         |                 |  |                             |
| Aluminum tins 9x13                 |                 |  |                             |
| Aluminum tins 11x17                |                 |  |                             |
| Aluminum Tins X size               |                 |  |                             |
| Body Wash                          |                 |  |                             |
| Brillo                             |                 |  |                             |
| Candles                            |                 |  |                             |
| Contact Paper /<br>Linoleum        |                 |  |                             |
| Deodorant                          |                 |  |                             |
| Dish Soap                          |                 |  |                             |
| Fridge Liners (fridge,<br>freezer) |                 |  |                             |
| Garbage bags                       |                 |  |                             |
| Gloves (surgical)                  |                 |  |                             |
| Hot cups                           |                 |  |                             |
| Matches                            |                 |  |                             |
| Mouthwash                          |                 |  |                             |
| Muffin tins (disposable)           |                 |  |                             |





## Pesach Cleaning Checklist

(\*\*customize your Checklist based on your home)

### Living Room:

- Floor Vacuumed / Washed
- Bookshelves Dusted
- Books taken out and dusted
- Coffee tables / end tables
- Windows washed (extra)
- Art work / photographs dusted
- Lamps dusted
- Couches – moved and vacuumed
- Armchairs – moved and vacuumed
- Fireplace dusted / washed
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### Dining Room:

- Sweep / Wash floors
- Vacuum and wash chairs
- Breakfront/ china cabinet
- Wash windows (extra)
- Dust chandelier
- Bookshelves Dusted
- Books taken out and dusted
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### Front Entrance / Hallways:

- Floors swept / washed / vacuumed
- Closets
- Artwork

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### Master Bedroom:

- Floor washed / vacuumed
- Move bed – wash underneath
- Dust dressers / night tables
- Inside dressers – dust
- Dust ceiling fan
- Dust mirrors
- Closet
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### Kids Bedroom:

- Floor washed / vacuumed
- Dust dressers / night tables
- Inside dressers
- Dust lamps
- Closet
- Dust bookshelves
- Toys – go through bins
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### Kids Bedroom #2:

- Floor washed / vacuumed
- Dust dressers / night tables
- Inside dressers
- Dust lamps

- Closet
- Dust bookshelves
- Toys – go through bins
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**Kids Bedroom #3:**

- Floor washed / vacuumed
- Dust dressers / night tables
- Inside dressers
- Dust lamps
- Closet
- Dust bookshelves
- Toys – go through bins
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**Family Room:**

- Floors washed / vacuumed
- Bookshelves and books
- Video cabinets
- Toy Chests
- Couches and lounge chairs
- Computer desk
- Toys
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**Bathroom #1**

**Bathroom #2**

**Basement:**

- Vacuum / wash floors
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**Laundry Room:**

**Garage:**

**Outdoor patios (front / back)**

**Kitchen:**

- Floor
- Fridge
- Freezer
- Garbage Can
- Meat stove
- Milk Stove
- Meat Oven
- Milk Oven
- Table



- Chairs
- Drawers
- Countertops
- Backsplashes
- Cabinets
- Pantry
- Microwaves
- Ceiling fan / light fixtures
- Windows
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**Misc: Cleaning:**

- Computer keyboards and mice
- Laptops
- iPhones / smartphones
- Purses
- Wallets
- Coat pockets
- Car #1
- Car #2
- School bookbags
- wedding rings
- baby strollers
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## Cleaning Lady Ideas List:

\*\*many people have told me that they have cleaning help, but are just not sure what to have them do. Below is a list of suggested tasks that can be delegated to cleaning help, someone who is not familiar with the laws of Pesach.

### All Floors Vacuumed / Swept / Washed:

- Living room / Dining Room / Family rooms / Bedrooms

### All baseboards dusted and washed:

- Living rooms / Dining Rooms / Bedrooms / hallways

### Toys in Playroom

- Washed / organized

### All Windows:

- Windows is NOT a Pesach cleaning must, but is nice for to have them done for the holidays. Windowsills are OFTEN a place for dropped crumbs – these should be dusted / vacuumed out.

### Basic Dusting:

- Basic dusting of Shelves, cabinets and drawers can be done by a cleaning lady.
- Doby likes to do these with the cleaning lady – while she cleans, Doby makes sure it's Pesach cleaned as well. Books / trinkets are washed and moved properly. Books flipped through etc.
- Breakfront (China cabinets) can be washed / polished by a cleaning lady

### Hallways / Entrances:

- Swept and washed

- Art work – dusted

### Furniture:

- Another advantage of cleaning with a cleaning person, is that you can move furniture (such as a bed / night table) while she washed / vacuums underneath. It saves time and energy and gets the job done!

### Bathrooms:

- All bathrooms should be done by the cleaning lady

### Closets:

- Closets I find to be a bit difficult. Coat pockets need to be done by you (or other family member), and depending on how messy the closet it, it might be easier for a family member to take care of it. However, closet floors (vacuumed) can be done by the cleaning person.

### Kitchen: Review with Shmully Kitchen items

- Floor -
- Fridge
- Table
- Countertops
- Stove top
- Stove hood
- Microwave
- Cabinets

*Hooray for a clean house!! ☺*



# Food Items To be Made / Frozen Before Pesach:

| Food Item:          | Delegated Person: | Finished By: | Completed:        |
|---------------------|-------------------|--------------|-------------------|
| Example: 3 Brownies | Daughter          | April 1      | 2 finished so far |
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### Suggested Items to be made in advance:

- Cakes / brownies / desserts / ice creams
- Gefilte Fish patties
- Meatballs
- Kugels
- Soups
- Breaded Eggplant
- Chicken / Roasts / Briskets
- Dips

## Last Minute / Bidekas Chomatz Checklist:

| To Do:  | Person in Charge: | Completed: |
|---|-------------------|------------|
| Put away all food items in kitchen (ie. Cereal boxes)           |                   |            |
| Tape up cabinets not using                                      |                   |            |
| Cover up alcohol in breakfront                                  |                   |            |
| Cover food in other rooms (basements/storage rooms)             |                   |            |
| Cover shelf with cookbooks                                      |                   |            |
| Throw out toothbrushes /put out new                             |                   |            |
| Empty Lint from dryer   |                   |            |
| Empty vacuum cleaner bag  |                   |            |
| Empty garbage / clean garbage can                               |                   |            |
| Put away Chomatz / shot glasses in DR                           |                   |            |
| Put away tea boxes from DR                                      |                   |            |
| Cover / put away Challah boards, Challah knives, Challah covers |                   |            |
| Put away Chomatz soaps and medicines                            |                   |            |
| Cover kitchen and DR tables with Pesach tablecloths             |                   |            |
|   |                   |            |
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|   |                   |            |

*Smile! You're Almost there!*



## Erev Pesach Checklist:

| To Do:                              | Delegated person: | Completed: |
|-------------------------------------|-------------------|------------|
| Boil eggs for Seder                 |                   |            |
| Broil Zeroah                        |                   |            |
| Shred Maror                         |                   |            |
| Make Charoses                       |                   |            |
| Wash Romaine, dry, wrap up          |                   |            |
| Boil potatoes for Karpas            |                   |            |
| Salt Water                          |                   |            |
| Set Table                           |                   |            |
| Put up hot water urn                |                   |            |
| Turn off lights in Fridge           |                   |            |
| Eiruv Tavshilin (if needed)         |                   |            |
| Set oven / Stove                    |                   |            |
| Take a nap!!!                       |                   |            |
| Manicure for the lady folk ☺        |                   |            |
| Put wine/ Grape juice in the fridge |                   |            |
|                                     |                   |            |
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*Phew! You made it!*



## First Time Making Pesach? No Problem!

\*\*A common question I get is from someone who is about to make Pesach for the very first time and doesn't know what she will need for her Pesach kitchen. My suggestion is to start slow. It can be a little overwhelming and draining on your bank account if you try to buy an ENTIRE Kitchen for Pesach in your first year. It helps if you build up slowly each year, adding new appliances, dishes etc, and before you know it, you'll be a seasoned Pesach maker ☺. Below is a simple list of the bone basics to help you get started in your Pesach kitchen. You can definitely get by on a lot less to make Pesach, so feel free to customize your list based on your needs and holiday plans.

| Item:  | Quantity: | Store: |
|--|-----------|--------|
| Chicken Scissors   |           |        |
| Cutting boards (at least 2)  |           |        |
| Dish towels  |           |        |
| Drinking Glasses   |           |        |
| Food processor   |           |        |
| Food storage containers  |           |        |
| Frying pans meat (large and small)   |           |        |
| Hand mixer (for making cakes)  |           |        |
| Immersion blender (blended soups)  |           |        |
| Juice squeezer   |           |        |
| Knives for dairy   |           |        |
| Knives for meat  |           |        |
| Measuring spoons and cups  |           |        |
| Mixing bowls set   |           |        |
| Nut cracker  |           |        |
| Oven mitts / pot holders   |           |        |
| Peelers (at least 2)   |           |        |
| Pitchers for water / juice   |           |        |
| Pot for eggs (large)   |           |        |
| Salad spoons   |           |        |
| Serving bowls  |           |        |
| Serving platters   |           |        |
| Serving spoons / forks   |           |        |
| Set of dishes for dairy<br>(yes, you CAN use paper, the world will not come to an end)   |           |        |
| Set of dishes for meat   |           |        |
| Set of pots for dairy (**Duby suggests starting out with one large frying pan for dairy and one pot – unless you know you like to cook a lot of dairy) |           |        |

|                                  |  |  |
|----------------------------------|--|--|
| Set of pots for meat             |  |  |
| Silverware for dairy             |  |  |
| Silverware for meat              |  |  |
| Soup ladle (2 if need for dairy) |  |  |
| Spatula for meat and dairy       |  |  |
| Tea kettle or hot water urn      |  |  |
| Washing cup                      |  |  |
|                                  |  |  |
|                                  |  |  |
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### Items For Your Seder Table:

| Item:                 | Quantity: | Store: |
|-----------------------|-----------|--------|
| Afikoman Bag          |           |        |
| Bowl for Salt water   |           |        |
| Hagaddahs             |           |        |
| Kiddush Cups          |           |        |
| Kos Shel Eliyahu      |           |        |
| Pillows ☺             |           |        |
| Seder plates / Kaarah |           |        |
|                       |           |        |
|                       |           |        |
|                       |           |        |
|                       |           |        |
|                       |           |        |



*Hahaha! You're doing a great job! Don't forget to breathe... ☺*

# Notes For Next Year

\*\* use this to jot down reminders to yourself for the following year. For example:

- a. Note to self: kids under 10 should use regular glasses and not expensive stemware for Seder.
- b. Note to self: buy new stemware set

**Don't Forget to Buy for Next Year:**

**Notes to My Future Self:**

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*Another successful Pesach with the family!  
Congratulate yourself on a job well done!*

